



Rob Jagosky, RP
Registered Psychotherapist

Experience:

- 2018 - Present **Registered Psychotherapist, Brainworks**
- 2018 **Psychometrist and Registered Psychotherapist, Muskoka Cognitive Therapy, Huntsville, ON**
- 2016 - 2018 **Psychoeducational Consultant, Trillium Lakelands District School Board**
- 2015 - 2016 **Attending Psychometrist, Dr. Margaret Sroga and Associates, North Bay, ON**
- 2012 - 2016 **Student Services Counselor, Trillium Lakelands District School Board**
- 2010 - 2012 **Behaviour Therapist, Weight Management Clinic, The Ottawa Hospital, Ottawa, ON**
- 2010 - 2017 **Private Practice Therapist, RTJ Counseling, Ottawa and Huntsville, ON**
- 2007 - 2010 **Addictions Counselor, Royal Ottawa Mental Health Centre, Ottawa, ON**
- 2005 - 2007 **Addictions Counselor, Royal Victoria Hospital Addictions Services, Barrie, ON**

Education:

- 2014 - Present **Teaching and Training Adults Certificate, Georgian College, Barrie, ON**

- 2008 - 2010 **Master of Arts, Counseling Psychology, Yorkville University, Fredericton, NB**
- 2006 - 2008 **Post Graduate Addictions Treatment and Prevention Certificate, Georgian College, Barrie, ON**
- 2001 - 2005 **Bachelor of Arts, Specialized Honours, Psychology, York University, Toronto, ON**

Professional Memberships:

- College of Registered Psychotherapists of Ontario
Registration #: 005982

Certifications:

- SafeTALK Trainer (ST T4T)
- Child and Adolescent Functional Assessment Scale (CAFAS)
- Violent Threat and Risk Assessment (VTRA) Level 1

Professional Highlights:

- Experience completing psychoeducational assessments; cognitive, academic, memory, adaptive functioning, visual-motor integration
- Complete psychoeducational assessments on elementary school students, including cognitive, academic, behavioral, and mental health measures
- Ability to communicate effectively with other team members, students, families, and other stakeholders; works well independently or within a multi-disciplinary team setting
- Review testing results with consulting school board psychologist, analyze data, compose report, and deliver a feedback session with the school-based team and family
- Make recommendations based upon findings, with an aim at improving student success (assistive technology, teaching strategies, accommodations)
- Developed and facilitated psycho-educational groups which focused on teaching clients skills to help cope with disordered eating, dysfunctional thinking, and environmental triggers
- Ability to interact respectfully and develop effective therapeutic relationships with challenging individuals as well as selected populations (including LBTTIQ2SA, homeless, Aboriginal, youth, children)
- Developed behavioral assessment tools used in the pre-surgery behavioral clinical interview at the Ottawa Hospital Weight Management Clinic, Bariatric Surgery Program

Professional Development:

- 2018 **Cognitive Processing Therapy Online Training**, Carin Lefkowitz and Andrew Santanello, Uniformed Services University
- 2015 **Violent Threat and Risk Assessment, Level 1**, North America Centre for Threat Assessment and Trauma Response, Peterborough, ON
- 2014 **Restorative Practices Training**, Heather Truscott, Trillium Lakelands District School Board, Bracebridge, ON
- 2013 **Safer and Accepting Schools, EGALE Training Workshop**, Canadian Human Rights Trust, Bracebridge, ON
- 2011 **Anxiety Traps: CBT Antidotes Workshop**, Dr. Christine Padesky, Cognitive Workshops, Ottawa, ON
- 2012 **Simplifying Personality Disorder Treatment: A New Paradigm For CBT**, Dr. Christine Padesky, Cognitive Workshops, Ottawa, ON
- 2011 **Craving Change Program Training**, Dr. Colleen Cannon and Wendy Shah, The Ottawa Hospital, Ottawa, ON
- 2010 **Utilizing the Mental Status Exam**, Royal Ottawa Mental Health Centre, Ottawa, ON
- 2008 **Introduction to Dialectical Behavior Therapy (DBT)**, Dr. Ruth Taylor, Royal Ottawa Mental Health Center, Ottawa, ON
- 2012 **Applied Suicide Intervention Skills Training (ASIST)**, LivingWorks, Tema Center Trust, Vaughn, ON
- 2007 **Cognitive-Behavioral Therapy of Schizophrenia and Psychosis Certificate**, Virginia Lafond, Royal Ottawa Mental Health Center, Ottawa, ON